**6.4 Nappy changing**

**Policy statement**

We have children registered at various stages of toileting. Wearing nappies, pull ups, using a potty or using the toilet.

We are committed to with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

**Procedures**

* Key persons have a list for the young children in their care who are in nappies or ‘pull-ups’.
* Key persons undertake changing young children in their key groups; back up key persons change them if the key person is absent.
* Children are changed within sight of other staff whilst maintaining their dignity and privacy at all times.
* Changing areas are warm with safe areas to lay children.
* Each young child has their own bag with their nappies or ’pull ups’ and changing wipes, there are spares in the children’s toilet area.
* Gloves can be worn, this is down to staff preference. The changing mat is wiped with a paper towel and anti-bacterial spray before and after each change so the mat is fresh for each child.
* All staff are familiar with the hygiene procedures and carry these out when changing nappies.
* In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children.
* Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
* They should be encouraged to wash their hands and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
* Anti-bacterial hand wash liquid or soap should not be used for young children; young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection.
* Key persons are gentle when changing; they avoid pulling faces and making negative comment about ‘nappy contents’.
* Key persons do not make inappropriate comments about young children’s genitals when changing their nappies
* Older children access the toilet when they have the need to and are encouraged to be independent.
* Nappies and ’pull ups’ are disposed of hygienically. Any soil (faeces) in nappies or pull ups is flushed down the toilet and the nappy or pull up is double bagged and put in the outside wheelie bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for the parent to take home.
* NB If young children are left in wet or soiled nappies/’pull ups’ in the setting this may constitute neglect and will be a disciplinary matter. The setting has a ‘duty of care’ towards children’s personal needs.

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| This policy was adopted at a meeting of | NBU5’s Preschool | name of setting |
| Held on | June 6th 2023 | (date) |
| Date to be reviewed | June 6th 2024 | (date) |
| Signed on behalf of the management committee |  | |
| Name of signatory | Marie Whiting | |
| Role of signatory (e.g. chair/owner) | Setting Lead | |